



THE TREATMENT GUIDE

TRADITIONAL SWEDISH MASSAGE

SWEDISH FULL BODY & FACE*	60 mins	£74.95
SWEDISH FULL BODY*	50 mins	£69.95
SWEDISH BACK, HEAD, NECK & SHOULDERS*	30 mins	£48.95
SWEDISH BACK MASSAGE*	25 mins	£44.95

AROMA PURE MASSAGE

*PERSONALISED MASSAGE WITH AN AROMA OF YOUR CHOICE**

AROMA FULL BODY & FACE*	60 mins	£76.95
AROMA FULL BODY*	50 mins	£72.95
AROMA BACK, HEAD, NECK & SHOULDERS*	30 mins	£52.95
AROMA BACK MASSAGE*	25 mins	£48.00

HOT STONE MASSAGE

NATURAL & THERAPEUTIC

HOT STONE BACK MASSAGE*	25 mins	£56.95
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FACIAL TREATMENTS

Our facial treatments use skincare products containing the finest natural ingredients with a high concentrate of flower & plant extracts cultivated by skin care specialists in Northern Italy. Lanolin & Paraben free.

LUXURY FACIAL* including mini back massage	50 mins	£59.95
PRESCRIPTIVE EXPRESS FACIAL	25 mins	£44.95

Advance booking required for all treatments and packages. Subject to availability.

YOUR HANDS & FEET

FILE, SHAPE & NAIL COLOUR FOR YOUR HANDS OR FEET	20 mins	£19.95
MINI MANICURE	25 mins	£32.95
LUXURY MANICURE	50 mins	£39.95
MINI PEDICURE	25 mins	£36.95
PERFECT MY TOES PEDICURE	55 mins	£47.95

HAIR REMOVAL

FULL LEG		£27.50
HALF LEG		£19.50
BIKINI		£16.95
FULL LEG & BIKINI		£34.50
TOP LIP / CHIN / EYEBROWS		£12.95
TOP LIP & CHIN		£21.95

EYE TREATMENTS

EYE LASH TINT**		£14.95
EYE BROW TINT**		£9.95
LASH & BROW TINT**		£21.95
EYE BROW TINT & TIDY**		£21.95

*** Sensitivity test required 24 hrs before treatment. * not suitable for pregnant women.*

TREATMENT PACKAGES

AROMA DAY £175.00

Indulge yourself completely with an Aroma Full Body Massage, our Prescriptive Express Facial, 'Perfect My Toes' Deluxe Pedicure and finish with a Mini Manicure. Enjoy use of the pool and the health club facilities for the day.

Total treatment time 2hr 35mins.

HARMONY DAY £135.00

Welcome to well-being. Start with a Swedish Back Massage then enjoy our Prescriptive Express Facial finishing with either the Deluxe Pedicure 'Perfect My Toes' or our Luxury Manicure. Enjoy use of the pool and the health club facilities for the day.

Total treatment time up to 1hr 45mins.

PURE PAMPER MORNING £89.00

Includes a Swedish Back Massage & a Prescriptive Express Facial. Enjoy access to the pool and health club facilities for half a day. (morning or afternoon)

Total treatment time 50mins.

TERMS & CONDITIONS

Times stated indicate the length of the treatment. Treatment Packages payment taken in advance. We advise you arrive 15 minutes prior to your treatment. For individual treatments we request 24 hours' notice to cancel an appointment, otherwise the full cost of the treatment/s will be charged.

Further details of our treatments & facilities are available on our website.



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